

# **JOB DESCRIPTION**

# **Support Worker (Care worker)**

SALARY: £23,088 (pro rate for PT) SERVICE TYPE: Adults and Children Servics SHIFT PATTERN: Rota base - 24/7 service REPORTS TO: Senior Support Worker/Team Leader

### MAIN JOB FUNCTION

To work as part of a team of staff to:

- Provide support to enable individuals with a learning disability, emotional and behavioural difficulties, Autism and other complex needs to participate in vocational, recreational, educational and social programmes on and off site, both in a group and on a one-to-one basis.
- To support people to travel to and from community activities and the day service, picking them up from home where necessary and escorting / driving / or using public transport.
- To undertake keyworkers' role; to assess, plan, implement and evaluate activities undertaken with service users within a person-centred planning framework, enabling service users to develop life skills.
- To keep appropriate records according to laid down procedures.
- To support individuals with personal care.
- To work on a rota based system, including day and night shifts with sleep-in when necessary

### **DUTIES AND RESPONSIBILITIES**

#### Service User Support

- Ensuring good practice in the care and development of children and young people with learning disabilities, or autism, or emotional and behavioural disorders or mental health conditions, including promoting positive attitudes regarding race, gender, sexuality and disability, age, religion and cultural beliefs, supporting people to overcome difficulties they may have in using community facilities including physical access, prejudice and anxieties of others.
- Ensure that Autism specific needs, behavioural issues, communication needs and other specialist support needs are understood and supported to maximise independence and reduce the likelihood of distress for the individuals you work with.

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- To ensure that users (and their belongings) are treated with respect.
- To support people with all aspects of their personal care including meal times, intimate personal care, use of hoists and any other duties that are necessary to ensure people are supported in maintaining their personal hygiene.
- To support people's general and specialist health needs (Such as Autism specific health issues or health issues related to complex heath needs), including administering medication including by specialist techniques and where necessary supporting people to emergency and planned health appointments.
- To act as a key worker for individuals and to take part in and/or organise individual reviews and other meetings, including writing reports for meetings on the service users day opportunities, using information gathered over time.
- To support people to develop person centred plans that reflects their dreams, hopes and aspirations and identifies areas for progression and development.
- To support users to complete and update their support plans and risk assessments. To assess, plan, implement, monitor and evaluate specific timetabled service user programmes both on and off site, in group and one to one settings, and where appropriate in mainstream settings, in accordance with decisions made by the users, a multi-disciplinary team and in line with people's Person-Centred Plans.
- To pursue agreed strategies to support and alleviate behaviours that present a challenge.
- Learning and using appropriate methods of communication with service users and colleagues.
- Including service users in the decision making process and encouraging them to express their wishes, exercise informed choice and offer support to service users in areas where they are currently unable to make an informed choice.
- To liaise with family members, care managers, health staff, voluntary sector staff and other agencies concerning users including supporting the users to complete communication books that tell their carers what they have been doing during the day.
- To creatively use resources and facilities in the community including specialist and mainstream services, offering a variety of activities including new experiences, learning, employment and leisure opportunities.
- To support users with travelling, using the organisations vehicles, public transport and where appropriate to meet users at their homes to support them to their activities.
- Ensure national and local safeguarding procedures (pan-London safeguarding, No Secrets, whistle-blowing procedure and so on) are followed to safeguard service users from harm.

## Team Work

- To participate in staff meetings, contributing ideas and sharing responsibilities, for example note taking and chairing meetings etc.
- To contribute to the development of the service pursuing specific areas of interest according to the needs of service users and the service.
- To support colleagues in difficult or potentially difficult situations in the workplace.
- To cover colleagues, working in all areas of the service, responding to situations flexibly.

#### General

- To work flexibly as part of the team hours may vary, weekend and evening work may be a requirement. Overtime may be required
- To handle petty cash in accordance with the organisation's petty cash policies and procedures.
- Ensure the smooth running of the centre so the timetable is carried out consistently
- To assist and support visitors and volunteers to have a positive experience during their time at the workplace.
- To undertake other duties commensurate to the grade of the post.

## Additional:

- To use and assist others in the use of information technology systems to carry out duties in the most efficient and effective manner.
- To achieve agreed service outcomes and outputs, and personal appraisal targets, as agreed by the line manager.
- To undertake training and constructively take part in meetings, supervision, seminars and other events designed to improve communication and assist with the effective development of the post and Applicant.
- The Applicant is expected to be committed to the Organisation's core values of public service, quality, equality and empowerment and to demonstrate this commitment in the way they carry out their duties.
- Ensure all the services within the area(s) of responsibility are provided in accordance with the Organisation's commitment to high quality service provision to users.
- Ensure that duties are undertaken with due regard and compliance with the Data
- Protection Act and other legislation, protecting the confidentiality of personal information and ensuring information is only disclosed to those who have a right or need to know.
- Carry out duties and responsibilities in accordance with the Organisation's Health and Safety
- Policy and relevant Health and Safety legislation and report health and safety concerns to the designated officer.
- At all times carrying out responsibilities/duties within the framework of the Organisation's Dignity for all Policy. (Equal Opportunities Policy).

### **Applicant Declaration**

Name:....

Signed:.....Date:....



## PERSON SPECIFICATION

The person specification is a picture of skills, knowledge and experience required to carry out the job. It has been used to draw up the advert and will also be used in the shortlisting and interview process for this post. You should demonstrate on your application form how you meet the following essential criteria

	Section: Children and Adult Services
Job title: Support Worker (Care	
Worker)	

#### REQUIREMENT EDUCATION and EXPERIENCE

E1	Experience in health/social services or similar setting, working with adults, children and young people (CYP) with learning disabilities, mental health, autism and complex needs including implementing activities for individuals and groups.	A/I
E2	Experience of working with people from different racial backgrounds	A/I
	and cultures.	
E3	Academic / vocational / educational qualification e.g. NVQ 2 / 3, QCF	A/I
	level 4, DipSW or other relevant qualification in health and social care,	
	or a willingness to work towards relevant qualifications.	
D4	Experience carrying out person centred planning for people with a	A/I
	learning disability and autism.	

## KNOWLEDGE, SKILLS and ABILITY

E5	Ability and knowledge of helping to promote the physical, emotional intellectual and social well-being of individuals with learning disabilities and autism by understanding of the impact of disability on a person's life, considering the barriers people face accessing day opportunities	A/I/T
E6	Ability to creatively and imaginatively support people in engaging, stimulating and meaningful activities planning, writing and running both one to one and group activities, in a person centred manner taking in to account their specific needs related to their Autism.	A/I/T
E7	Ability to support people to develop Person Centred Plans that reflect their aspirations, preferences, choices, religious and cultural identity and personal developmental needs, adapting the service and practice to changing needs etc.	A/I
E8	Ability to meet the identified/ assessed needs of individuals in mainstream community settings including employment or educational environments in a way that ensures people are enabled to be as independent as possible	A/I

E9	Ability to develop and complete support plan and risk assessments for	A/I		
	service users			
E10	Ability to communicate and relate effectively with users (Who may use communication other than speech or have no formal communication skills.) and carers (where English may not be their first language), other professionals and colleagues in order to promote a high quality responsive service.	A/I		
E11	Ability to work as part of both a small team and larger staff group, respecting the decisions of colleagues and managers and being flexible in order to respond to emergencies, cover colleagues when necessary and to support volunteers to ensure that the programme is delivered on a day to day basis.	A/I		
E12	Ability to undertake a key-working role; monitor user involvement / progress, writing reports that reflect this and presenting this in reviews and meetings.	A/I/T		
E13	Explain your ability to understand and implement safeguarding procedures to ensure service users are protected from harm.	A/I		
E14	Ability to use computer packages such as word, outlook and excel to monitor user progress, produce reports and carry out any other tasks that require literacy in IT usage.	A/I		
E15	Ability to act within Health and Safety requirements including handling medication safely.	A/I		
COMMITMENT TO EQUAL OPPORTUNITIES				
E16	Ability to adhere to the Organisation's Dignity for All policy.	A/I		
	SPECIAL REQUIREMENTS			
E21	This role will require you to obtain an Enhanced satisfactory clearance from the Disclosure and Barring Service formally known as the Criminal Records Bureau (CRB) Disclosure. <b>E= Essential D = Desirable</b>	Yes		
	*Assessed by: A= Application I= Interview T= Test			